National Population Health (NPHS) - Content Summary - Cycle 1 to 7

Theme	Subject	Variable	Universe	Non-Proxy	Proxy	1994-1995 (Cycle 1)	1996-1997 (Cycle 2)	1998-1999 (Cycle 3)	2000-2001 (Cycle 4)	2002-2003 (Cycle 5)	2004-2005 (Cycle 6)	2006-2007 (Cycle 7)
Administration		AM	All respondents	√	√	C 18	C 24 and 118	C 26 and 79	C 86	C 96	C 92	C 90
Alcohol	Attitudes towards	AL	Cycle 2: >=12 Alberta RDD excluded. Cycle 5: >=12	√			HPS 75			F 63		
	Consumption during pregnancy	AL	Cycle 1: Females and birth mother in last 5 years. Cycle 2: 15 to 49 years old Alberta only	√		HPS 22	PBI 74					
	Dependence	AD	>=12	√			F 76			F 64		
	Use	AL	>=12	√	√	C 22	C 72	C 65	C 60	C 61	C 64	C 63
Attitudes	Towards parents	AP	Ages 12 to 17 in Alberta	√			PBI 90					
Body image		HW	>=12	√		HPS 8	HPS 28			F 7	C 8	C 8
Breast-feeding		BF GH	Cycle 1: Birth mother in the last five year. Cycle 2: HPS: Females >=15 and <=49 and have given birth since last interview; PBI: Alberta	√		HPS 19	HPS 35, PBI 35					
Child's Health		IJ DG	<12		√		C 103					
Chronic conditions	Acne requiring prescription medication	CC	<30	√	√	C 9						
	Alzheimer's disease or other dementia	CC	>=18	√	√	C 9	C 11	C 11	C 29	C 33	C 33	C 35
	Arthritis or rheumatism	CC	>=12	√	√	C 9	C 11	C 11	C F 17	C 24	C 25	C 26
	Asthma	CC	Cycle 1: >=12. Cycle 2-7: All respondents. Cycle 2 - AS: All respondents >=12 who declared having asthma diagnosed by a health professional in the core survey.	√	√	C 9	C 11, AS	C 11	C 16	C 22	C 22	C 24

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Chronic conditions	Back problem	CC	>=12	√	√	C 9	C 11	C 11	C 19	C 26	C 26	C 28
	Bowel disorder such as Crohn's disease or colitis	CC	>=12	√	√		C 11	C 11	C 29	C 33	C 33	C 35
	Bronchitis, emphysema	CC	Cycle 1, 5 to 7: >=12, Cycle 2-4: all respondents	√	√	C 9	C 11	C 11	C 21	C 28	C 28	C 30
	Cancer	CC	>=12	√	√	C 9	C 11	C 11	C 27	C 31	C 31	C 33
	Cataracts	CC	>=18	√	√	C 9	C 11	C 11	C 29	C 33	C 34	C 35
	Child	CC	<=3		√	K 60	K 105	K 11				
	Diabetes	CC	Cycle 1-4: >=12, Cycle 5-7: all respondents	√	√	C 9	C 11	C 11	C F 21	C 28	C 29	C 30
	Effects of stroke	CC	>=12	√	√	C 9	C 11	C 11	C 28	C 32	C 32	C 34
	Epilepsy	CC	Cycle 1: >=12, Cycle 2-7: all respondents	√	√	C 9	C 11	C 11	C 24	C 30	C 30	C 32
	Fibromyalgia	CC	>=12	√	√				C 17	C 23	C 23	C 25
	Food allergies	CC	Cycle 1: >=12. Cycle 2-7: All respondents	√	√	C 9	C 11	C 11	C 16	C 22	C 22	C 24
	Glaucoma	CC	>=18	√	√	C 9	C 11	C 11	C 30	C 33	C 34	C 35
	Heart Disease	CC	Cycle 1: >=12, Cycle 2-7: all respondents	√	√	C 9	C 11	C 11	C F 25	C 30	C 31	C 32
	High blood pressure	CC	>=12	√	√	C 9	C 11	C 11	C 19	C 26	C 26	C 28
	Migraine, headache	CC	Cycle 1-4: >=12, Cycle 5-7: all respondents	√	√	C 9	C 11	C 11	C 20	C 27	C 27	C 29
	Other allergies	CC	Cycle 1: >=12. Cycle 2-7: All respondents	√	√	C 9	C 11	C 11	C 16	C 22	C 22	C 24
	Sinusitis	CC	>=12	√	√	C 9	C 11	C 11				
	Stomach or intestinal ulcers	CC	>=12	√	√	C 9	C 11	C 11	C 27	C 31	C 31	C 33
	Thyroid condition	CC	>=12	√	√		C 11	C 11	C 30	C 34	C 34	C 36
	Urinary incontinence	CC	>=12	√	√	C 9	C 11	C 11	C 28	C 33	C 33	C 35

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National Population Health (NPHS) - Content Summary - Cycle 1 to 7

Theme	Subject	Variable	Universe	Non-Proxy	Proxy	1994-1995 (Cycle 1)	1996-1997 (Cycle 2)	1998-1999 (Cycle 3)	2000-2001 (Cycle 4)	2002-2003 (Cycle 5)	2004-2005 (Cycle 6)	2006-2007 (Cycle 7)
Depression	Personal and family history	FH	>=18	√							F 73	
Drug/medication use		DG	>=12	√	√	C 43	C 62 and 114	C 56	C 51	C 53	C 55	C 54
Family medical history		FH	>=18	√				F 34				
Food insecurity		IN FI	Cycle 2: all respondents. Cycle 3: All respondents who were indentified as food insecured in the Household NPHS supplemental screening questions. Cycle 7: all respondents.	√	√		HPS 23	FIS 25				F 88
General health status	Self-evaluation	GH	All respondents	√	√	C 19 and 59	C 25 and 103	C 27	C 4	C 3	C 3	C 3
Health care	Emergency services	ES	>=12	√			F 44					
	Utilization	SV HC	Core: All respondents. HPS: >=20. PBI: >=12 Alberta	C: √, HPS and PBI: √	C: √	C 5 and 60, HPS 27	C 5 , PBI 104 and 115	C 5	C 10	C 14	C 15	C 16
Health information	Health information	A HI	HPS: >=12, PBI: Alberta Ages 12 to 17	√		HPS 27	PBI 46 and 92					
Health status	Dexterity	HS	>=4	√	√	C 41 and 64	C 53 and 110	C 45	C 34	C 38	C 37	C 39
	Feelings	HS	>=4	√	√	C 41 and 65	C 53 and 111	C 46	C 35	C 38	C 38	C 40
	Hearing	HS	>=4	√	√	C 38 and 62	C 51 and 108	C 43	C 32	C 35	C 35	C 37
	Memory	HS	>=4	√	√	C 41 and 65	C 54 and 112	C 46	C 35	C 38	C 38	C 40
	Mobility	HS	>=4	√	√	C 40 and 64	C 52 and 109	C 44	C 33	C 37	C 37	C 38
	Pain and Discomfort	HS	>=4	√	√	C 42 and 66	C 54 and 112	C 47	C 35	C 39	C 39	C 40
	Speech	HS	>=4	√	√	C 39 and 63	C 51 and 109	C 44	C 33	C 36	C 36	C 38
	Thinking	HS	>=4	√	√	C 42 and 65	C 54 and 112	C 46	C 35	C 39	C 38	C 40
	Vision	HS	>=4	√	√	C 38 and 62	C 50 and 107	C 42	C 31	C 35	C 35	C 36
Height		HW	All respondents	√	√	C 20	C 27	C 27	C 5	C 5	C 5	C 5
Home care		HC	>=18	√	√	C 7	C 5	C 5	C 10	C 17	C 18	C 19

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National Population Health (NPHS) - Content Summary - Cycle 1 to 7

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Injuries	Injuries	IJ	All respondents	√	√	C 25 and 66	C 60 and 112	C 54	C 39	C 44	C 43	C 44
	Injury prevention	INJ	>=12	√		HPS 16						
Insurance		DV EX DG IS	Cycle 2: >=12. Cyle 3-5: All respondents	√	√		F 44	C 34	C 31	C 34		
Mental health		MH	>=12	√		C 44	C 78	C 67	C 62	C 66	C 66	C 65
Nutrition	Eating habits	HW	>=12	√		HPS 5	HPS 28					
	Food choice	NU	Cycle 1- 2: >=12. Cycle 3, 5 and 7: >=15	√		HPS 5		F 39		F 8		F 8
	Fruit & vegetable consumption	FV	Cycle 5: >=15, Cycle 6 and 7: >=12	√						F 10	F 9	F 10
	Milk consumption	MK	>=12	√							F 12	F 13
	Self-perceived eating habits	GH	All respondents	√	√					C 4	C 3	C 3
	Soft drink consumption	SK	>=12	√							F 11	F 12
	Supplement use	NU	Cycle 3 and 5 >=15, Cycle 6 and 7: >=12	√				F 42		F 9	F 8	F 10
Physical activities		PA	>=12	√		C 24	C 55	C 51	C 36	C 40	C 39	C 41
Pregnancy		HW PH	Females: Ages 15 to 49	√		C 19	HPS 35	C 30	C 9	C 12	C 14	C 15
Preventive health	Blood pressure check	BP, PH	>=12	√		C 20	C 29	C 28	C 7	C 12	C 12	C 14
	Breast examination	WH	Females >=18	√			C 33					
	Breast self-examination	WH	Females >=18	√			HPS 35					
	Dental visits	DV	>=12	√			F 41					
	Eye examinations	EX	>=12	√			F 42					
	Flu shots	FS	>=12	√			F 39					
	Health improvement practices	GH A	>=12	√		HPS 16	HPS 26					
	HIV	SH HV	Cycle 1: Ages 15 to 45. Cycle 2: >=18	√		HPS 26	HPS 45					
	Mammography	WH PH	Females >=35	√		C 20	C 32	C 29	C 8	C 12	C 13	C 14
	PAP smear test	WH PH	Females >=18	√		C 20	C 30	C 29	C 8	C 12	C 13	C 14
Preventive health (continued)	Physical check-ups	PC	>=12	√			F 37					
Repetitive strain		RP	>=12	√	√		C 59	C 53	C 38	C 43	C 42	C 43
Residential history		RH MB	>=12	√						OBI 76		

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Restriction of activities		RA	Cycle 1-2: >=12. Cycle 3-7: All respondents	√	√	C 7	C 8	C 8	C 13	C 19	C 19	C 20
Road safety - Driving under unfluence		RS	>=12	√			HPS 98					
Self-care		SC	>=18	√				F 31				
Sexual health		SH	Cycle 1: Ages 15-45. Cycle 2: Ages 15-59. PBI: Alberta	√		HPS 25	HPS 93, PBI 96					
Sleep		SL	>=12	√						F 4	C 4	C 4
Smoking	Attitudes	SM	>=12	√			HPS 69					
	Awareness, attitudes, quitting	SM	>=12	√		HPS 8						
	During pregnancy	SM	Cycle 2: Female ages 15 to 49	√			HPS 68					
	Smoking	SM GH	>=12	√	√	C 21	C 65, HPS 68	C 59 and 63	C 55	C 57	C 59	C 58
	Tobacco alternatives	TA	>=12	√				HPS 64				
Social support		SS	>=12. Cycle 2-PBI: Alberta	√		C 50	C 85, HPS 88, PBI 89	C 73	C 69	C 73	C 74	C 72
Socio-demographic characteristics	Country of birth	SD	All respondents	√	√	C 10	C 14	C 15				
	Education	ED	>=12	√	√	C 12	C 16	C 18	C 74	C 84	C 79	C 77
	Ethnicity	SD	All respondents	√	√	C 10	C 15	C 15	C 72			
	Income	IN	All respondents	√	√	C 16	C 22	C 23	C 81	C 91	C 87	C 85
	Labour force	LF/LS	Cycle 1: >=15. Cycle 2-7: ages 15 to 75	√	√	C 13	C 18	C 19	C 75	C 85	C 81	C 79
	Language	SD	All respondents	√	√	C 11	C 15	C 16	C 73	C 83	C 78	C 76
	Race	SD	All respondents	√	√	C 11	C 16	C 16	C 73			
	Year of immigration	SD	All respondents	√	√	C 10	C 14	C 15				

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Stress	Childhood and adult stressors (traumas)	ST	Cycle 1: >=18. Cycle 4: Respondents <18 in Cycle 1 and >= 18 in Cycle 4. Cycle 7 >=18.	√		F 32			F 46			F 49
	Coping	CO	Cycle 1 and 6: >=18 Non-Proxy Manitoba and Alberta only. Cycle 2: Alberta >=18	√		PBI 57	PBI 102				F 52	
	Mastery	PY	>=12	√		F 34			F 50	F 51	C 51	C 53
	Ongoing problems	ST	Cycle 1and 4: >=18. Cycle 5 to 7: >=12	√		F 28			F 42	F 47	C 46	C 47
	Rationality	RT	>= 18	√		BPI 54						
	Recent life events	ST	>=18	√		F 30			F 44			
	Self-esteem	PY	>=12	√		F 34			F 49			
	Self-perceived	ST	Cycle 4: >=18. Cycle 5-7: >=12	√					C 4	C 3	C 3	C 3
	Sense of coherence	PY	>=18	√		F 34		F 47				
	Work stress	ST	Cycle 1: >=15. Cycle 4-7: ages 15 to 75	√		F 33			F 47	F 49	C 48	C 50
Two week disability		TW	All respondents	√	√	C 4	C 4	C 4				
UV exposure and tanning		TU	>=12. Cycle 2 - PBI: Alberta	√			PBI 57		C 38	C 42	C 42	C 43
Violence and personal safety (AB)		VS	>=12 Alberta	√			PBI 100					
Weight		HW	All respondents	√	√	C 20	C 27	C 27	C 5	C 5	C 5	C 5
Women's health		WH PH	Females >=18	√		C 20	C 30	C 28	C 7	C 12	C 13	C 14

Please note that the master LONG.txt file only contains the Core and the Focus contents.